



## Recreational Coach (Part-time) Sports Academy Gymnastics

- Teaching gymnastics or gym warrior skills to students of all ages, abilities, and experience levels
- Observing athletes progress in order to make adjustments to their training regimen as needed
- Evaluating students' performance, progress, and adherence to safety procedures in order to identify areas in need of improvement.
- Following lesson plans for the week given by the Recreational Director.
- Working Saturday birthday parties (1:30pm-3pm, 4pm-5:30pm) at least twice monthly
- Work Parents Night Outs (Every other Saturday 6pm-9pm) at least once a month
- Clean and organize mats and equipment weekly
- The ability to lift up to 50 pounds; physical activity involved in spotting and moving equipment: pulling, lifting, crouching, balancing, and climbing
- The ability to personally communicate with parents and staff
- Wear appropriate coaching apparel
- Complete student roll, assessments and timesheets on time
- Never sit while coaching or chit chat with other coaches
- Will need to take and pass USAG coaching courses. This will include: a background check, *Safety and Risk Management*, *U100: Fundamentals of Gymnastics Instruction*, *Safe Sport Trained*, etc.
- 10-15 hours a week

### **Requirements:**

- At least 16 years old
- Ability to pass a background check

### **Pay Wage:**

- Dependent upon coaching and gymnastics/gym warrior experience
- Dependent upon if applicant already has USAG coaching certifications
- Dependent upon performance, wage can increase.
- There will be an initial 30-60 day probationary period. Once passed, pay will increase.

### **What does a Sports Academy Recreational Coach's day typically look like?**

- Our premier recreational program has classes Tuesday - Thursday evenings starting at 3pm, and Saturday mornings starting at 8:30am.
- Coaches come in a half hour prior to class start times to prep the gym and lesson plan for the day.
- Recreational coaches can work with all levels and programs. With no experience, the applicant will start with our pre-school program and learn gymnastics or gym warrior program from the ground up.
- Must stay at the gym until all your athletes have been picked up and gym is clean and organized.