



Competitive Gymnastics Coach

- Teaching gymnastics skills to students of all ages, abilities, and experience levels
- Observing student progress in order to make adjustments to their training regimen as needed
- Motivating students to work hard during practice sessions and perform to their best of their abilities at meets
- Set an example of good sportsmanship.
- Determining student readiness for advancement to higher skill levels or competition teams based on previous experience, aptitude, and attitude towards gymnastics.
- Preparing students for competition by teaching them new routines, training them physically, and providing emotional support and motivation
- Evaluating students' performance, progress, and adherence to safety procedures in order to identify areas in need of improvement.
- Designing and conducting training sessions, which will include practicing on all apparatuses (vault, bars, beam, and floor) as well as tumbling, ballet, stretching, and conditioning.
- Observing and evaluating students' progress and providing feedback to each child regarding their performance.
- Attend and coach meet sessions during competitive season (5-8 meets per season).
- Will need to take and pass USAG coaching courses. This will include: a background check, *Safety and Risk Management*, *Fundamentals of Gymnastics Instruction*, *Safe Sport Trained*, *Emotional Coaching or Mental Abuse*, *USA Gymnastics Safe Sport Policy*, etc.

Requirements:

- High School diploma or GED
- Ability to pass a background check

Pay Wage:

- Dependent upon coaching and gymnastics experience
- Dependent upon if applicant already has USAG coaching certifications
- Dependent upon performance, wage can increase.
- There will be an initial 30-60 day probationary period. Once passed, pay will increase.

What does a Sports Academy Competitive Coach's day typically look like?

- Our competitive team, the Sparklers, practice three days a week: Monday (5pm-8pm), Wednesday (5pm-8pm), and Thursday (5pm-7:30pm).
- Coaches come in a half hour prior to practice start times to prep the gym and lesson plan for the day.
- Competitive coaches work with all levels in the program. Example: coach level 3s on vault, level 4s on floor, and level 5s on beam all throughout practice.
- Must stay at the gym until last gymnast is picked up and gym is clean and organized.